**EFT Tapping Taster with Francesca Rogers**

**Informed Consent and Release of Liability**

Practitioner(s): Francesca Rogers

Your Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date(s) of initial session (to include all future sessions implicitly): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Address: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Phone: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Emergency Contact: Name/Relationship to me: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Emergency Contact: Phone Number: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

EFT sessions can sometimes bring suppressed feelings to the surface and whilst EFT is a powerful method to help release these gently, sometimes other suppressed emotions and feelings can arise in the time following the session (hours / days). If this happens these may naturally subside or it may be important to schedule a short phone / skype session to help with any strong feelings before you are able to come for a follow-up session. Alternatively you can work with other EFT practitioners or, of course, other suitable modalities should the above arise.

If you have been formally diagnosed with any mental illness please ensure you have taken advice from your health care professional about the suitability of having an EFT session. If you are taking any medication please do highlight this before the taster session. EFT does not claim to cure, treat or diagnose any physical condition. If you have a specific physical symptom or condition it is your responsibility to see a qualified Doctor / MD as a priority.

**Pregnancy (or suspected pregnancy)**

It is generally known that risk of miscarriage is higher in the first 3 months of pregnancy. Apart from the rarely used above-inside-ankle acupuncture points (which we never use on women anyway) we are unaware of any contraindication in the use of EFT in pregnancy. However if miscarriage occurs at any point it may be attributed to the session. By proceeding with the session you are agreeing not to hold the practitioner(s) or the session (including future sessions) liable for this and take full responsibility for your participation in the session(s). We personally believe that as the session work is intended to ultimately release stress in the system and increase peace, it may therefore be considered to be beneficial to a healthy pregnancy.

**Confidentiality**

All personal details and any information arising in the sessions are 100% confidential with the exception of the following situation(s); we are legally obliged to inform relevant parties, potentially including, but not limited to your Doctor, or family members affected if you are considering causing harm to yourself (e.g. suicide) or others.

**Declaration of Understanding and Acceptance of an EFT Session**

I understand that the ideas, procedures and suggestions provided by Francesca Rogers are not intended as a substitute for consultation with my professional health care provider. I further understand that the information provided by Francesca Rogers is not to be used to diagnose/treat any particular disease on any particular person, including myself, friends or family.

Furthermore, I understand that there is a direct link between mental/emotional states and the physical body and that it is possible that doing EFT could result in physical symptoms coming to the surface.

I declare that Francesca Rogers is not liable or responsible for any loss or damage to me in any matter whatsoever, and irrevocably release Francesca Rogers from any and all claims of loss or injury sustained by me, however arising, present and future, known, and unknown at this time. I hereby forever release, discharge, acquit and forgive Francesca Rogers from any and all claims, actions, suits, demands, agreements, and each of them, if more than one, liabilities, judgments, and proceedings both at law and in equity arising from the beginning of time and in the future. If I institute any legal proceedings against EFT subsequent to this release, I agree that these legal proceedings or complaints will be dismissed at my cost with prejudice against me. This release is binding on me, my successors, assigns, agents, and representatives. I also understand that this contract is subject only to UK jurisdiction; therefore any claims must be made through UK courts.

I fully understand and accept all the above and take full responsibility for myself mentally, emotionally and physically. I agree to EFT sessions understanding and accepting the above fully.

Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_